OTIUM SPA

Indulge in pure tranquility at Otium Spa, an exclusive haven designed to whisk you away from the pace of daily life into a world of serenity and seclusion. Embrace the soothing rhythms of the ocean as you unwind in your own private luxury spa suite, overlooking breathtaking sea views. Choose from an exquisite selection of massage therapies and aromatic treatments, each crafted to restore harmony and elevate your sense of well-being.

Whether enjoying a rejuvenating escape alone or with a special companion, our spa facilities are crafted for ultimate relaxation. Immerse yourself in the Jacuzzi, experience the purifying steam room, and unwind in the relaxation lounge, where fresh-pressed juices and calming herbal teas await to complete your journey of renewal.

Otium Spa is open daily from 10:00 am to 9:00 pm. and last appointment at 6 pm. Allow yourself to be pampered in unparalleled luxury and emerge feeling balanced, refreshed, and truly at peace.

Operation hours
10:00 – 19:00 hrs.

Reservation :
075 819 519 EXT. No 8601

SPA ETIQUETTE

To ensure every guest experiences the utmost tranquility at **Otium Spa**, we kindly request your consideration of the following guidelines:

- **Arrival :** Please arrive at least 10 minutes prior to your appointment to allow for a relaxed check-in and enjoy a serene floral footbath as you begin your journey with us.
- **Health Conditions :** If you are pregnant or have any health conditions, kindly inform our spa receptionist or your therapist before treatment, so we may tailor your experience accordingly.
- **Punctuality :** Arriving late may shorten your treatment time. However, if no other guest is scheduled immediately afterward, you may still enjoy the full duration of your appointment.
- **Tranquility :** To preserve a peaceful ambiance, please maintain a low noise level, and kindly refrain from using mobile phones.
- **Children :** To ensure a quiet, restful environment, children are welcome only when scheduled for treatments.
- **Behavior :** For the comfort of all guests, therapists may discontinue a session if a client's behavior is inappropriate.
- **No Smoking or Alcohol :** For a pure and harmonious environment, smoking and alcohol consumption are not permitted within the spa.

CANCELLATION POLICY

We understand that plans may change, and we kindly ask for at least **4 hours' notice** should you wish to cancel or amend a reserved treatment. If notice is provided less than 4 hours prior, **50% of the treatment fee** will be charged. In the event of a **no-show**, the **full treatment fee** will apply.

Thank you for your understanding, as this policy allows us to provide each guest with exceptional service and a smooth experience at **Otium Spa.**

OTIUM SIGNATURE EXPERIENCE

Discover ultimate relaxation with the **Otium Signature** treatment, designed to envelop you in calm and comfort from beginning to end. Enhanced with our exclusive signature massage oil, this session is tailored to nurture your senses, ensuring you feel completely renewed.

Discover ultimate relaxation with the **Otium Signature** treatment, designed to envelop you in calm and comfort from beginning to end. Enhanced with our exclusive signature massage oil, this session is tailored to nurture your senses, ensuring you feel completely renewed.

SHELL SEA SIGNATURE MASSAGE
90 MIN / 3,200

Immerse yourself in the healing essence of the ocean with the Shell Sea Signature massage. This unique therapy harnesses the natural energy of warm seashells, renowned for their ability to alleviate stress and tension, promoting a sense of calm and well-being. The shells' gentle yet powerful warmth balances body and mind, while chakra alignment leaves you deeply relaxed, refreshed, and uplifted. Paired with carefully selected essential oils, this treatment is ideal for restoring inner peace, making it a perfect choice for a special day of self-care.

THERAPEUTIC MASSAGE COLLECTION

Discover a selection of massage therapies crafted from Thai traditions and tailored to meet the needs of modern wellness, designed to provide relaxation, healing, and rejuvenation.

Aromatherapy Massage
60 min / 2,200 | 90 min / 2,600

Experience a profound sense of well-being as our skilled therapists ease tension with long, soothing strokes using Otium's signature essential oil blend. Beginning with the calming inhalation of aromatic oils, this therapy incorporates gentle deep tissue techniques for ultimate relaxation. A warm towel compress and a restorative face and head massage complete your journey, leaving you deeply relaxed, refreshed, and possibly lulled into a blissful rest.

Anti-Jetlag Massage
60 min / 2,500 | 90 min / 2,900

Recalibrate your body's natural rhythm after travel with this revitalizing treatment. Combining aroma massage, foot therapy, and a warm oil head massage, it encourages circulation and soothes tired muscles. Finished with a face massage, this session prepares you for a restful night, leaving you restored and balanced. Recommended for evening appointments.

Traditional Thai Massage
60 min / 1,800 | 90 min / 2,200

This oil-free, fully clothed massage stimulates energy lines and acupressure points to stretch and relax muscles, alleviate joint tension, and boost energy flow. Tailored to your unique needs, Thai Massage offers a rejuvenating experience deeply rooted in tradition.

Thai Herbal Compress
90 min / 2,900

Embrace the warmth of Thai herbal therapy with the Luk Pra Kob. This traditional herbal compress, used alongside Thai massage, relieves stress, improves circulation, and aligns body posture. Steamed herbal spheres are applied directly to the skin to promote both physical and emotional well-being.

Deep Tissue Massage
60 min / 2,500 | 90 min / 2,900

Designed for muscular recovery, this firm massage targets deep muscle layers with a specialized oil blend, reaching muscles that are not accessible through lighter techniques. Ideal for releasing tension, it revitalizes and restores muscle resilience.

Swedish Massage
60 min / 2,500 | 90 min / 2,900

Perfect for athletes and active individuals, this massage applies light to medium pressure to relieve muscle tension and enhance flexibility. Customize it to your needs and experience relief from activity-induced soreness.

Back Relief Massage
45 min / 1,500

Soothe tension in the neck and shoulder areas with this focused treatment. A special oil blend with pure plant extracts is applied to relieve both physical and emotional stress.

Warm Oil Head Massage
45 min / 1,500

Gently heated oil is poured over the forehead, followed by a relaxing head massage to ease mental tension and promote a sense of peace.

Healing Hot Stone Massage
90 min / 3,200

This therapeutic treatment uses warm stones to release energy blockages, increase circulation, and ease muscle tension. Aromatic oils of your choice are applied as heated stones are massaged over the back, shoulders, and legs for a deeply calming experience.

Hawaiian Lomi Lomi Massage
60 min / 2,500 | 90 min / 2,800

Release physical, mental, and spiritual blockages with this unique, flowing massage. Using long, dance-like strokes with forearms and abundant oil, Lomi Lomi offers a harmonizing experience that encourages deep relaxation.

Foot Reflexology Massage
60 min / 1,800

A restorative foot and lower leg massage, enhanced with reflexology techniques and aroma cream, to relieve muscular soreness and refresh tired feet after a day of activity.

Each massage in our therapeutic collection is designed to promote your well-being, offering a perfect blend of relaxation and revitalization. Experience the difference with Otium Spa's expertly tailored therapies, bringing balance and rejuvenation to body and mind.

HAND & FOOT TREATMENT

Pamper your hands and feet with a luxurious series of treatments designed to soften, rejuvenate, and refresh. Each session begins with a soothing soak, followed by gentle exfoliation, and concludes with a deeply relaxing massage for essential care and indulgence.

Thai Herbal Hand Treatment
90 min / 2,200

Revitalize your hands with a therapeutic herbal experience.

- **Step 1 :** Hand Scrub – Gently exfoliate and soften the skin.
- **Step 2 :** Green Tea Wrap – Nourish and rejuvenate with antioxidant-rich green tea.
- **Step 3 :** Hand Massage – Release tension and restore energy with a soothing hand massage.

Thai Herbal Foot Massage
90 min / 2,200

Renew your feet with our herbal foot therapy, perfect after a day of activity.

- **Step 1 :** Foot Scrub – Exfoliate and soften tired feet.
- **Step 2 :** Green Tea Wrap – Infuse with the revitalizing properties of green tea.
- **Step 3 :** Foot Massage – Relieve soreness and encourage circulation with a calming foot massage.

Floral Milk Bath and Foot Scrub
30 min / 900

Indulge in this fragrant treatment that removes rough skin and leaves feet soft and pampered. Begin with a sensual floral milk bath soak, followed by an aromatic sea salt foot scrub, and complete with a gentle foot massage for a refreshing finish.

Rejuvenate and restore with these luxurious hand and foot treatments at Otium Spa, where every detail is designed to enhance your comfort and well-being.

WELLNESS EXPERIENCES

Enhance your spa journey with our rejuvenating wellness experiences, each designed to promote relaxation, nourishment, and a sense of well-being.

Sauna
30 min / 500

Escape into tranquility as you sit in our sauna, where you can temporarily leave the outside world behind. This soothing environment promotes relaxation, helping to clear your mind and rejuvenate your body.

Jacuzzi 900 for 1 person
45 min 1,500 for 2 persons

Indulge in a luxurious Jacuzzi experience, enhanced with a special blend of essential oils for a delicate aromatic atmosphere. Whether you choose to enjoy this retreat alone or with a loved one, the Jacuzzi offers a perfect way to unwind and reconnect, providing a blissful escape from the everyday.

Each of these wellness experiences at Otium Spa is crafted to enhance your overall relaxation and well-being, ensuring a truly enriching escape.

BODY TREATMENTS

Experience the ultimate in skin care with our luxurious body treatments, combining scrubs and wraps to nourish, revitalize, and rejuvenate your skin. Each treatment is designed to provide a unique sensory experience, leaving your body feeling soft, smooth, and beautifully cared for.

Coconut Body Scrub
60 min / 1,800

Delight in this gentle body polish that harnesses the rich properties of pure virgin coconut oil. This treatment tones, nourishes, and protects your skin, leaving it fair, soft, and silky smooth, with a subtle hint of shine and a lovely coconut scent.

Royal Lotus Salt Glow Body Scrub
60 min / 1,800

Refresh and revitalize your skin with this gentle exfoliation. After a thorough scrub, enjoy a cool and refreshing infusion of cucumber and aloe vera that will leave your skin feeling smooth and rejuvenated.

Green Tea Body Scrub
60 min / 1,800

Purify and enliven your skin with this therapeutic green tea polish, followed by an all-over moisturization. Revel in the sensation of renewed, soft, and beautifully healthy skin.

Tamarind Body Scrub
60 min / 1,800

Utilizing tamarind, a traditional natural cleanser, this scrub gently removes dead skin cells thanks to its tartaric acid content. Enhanced with healing local honey, it modernizes a centuries-old Thai recipe for glowing skin. recipe with the addition of healing local honey.

Thai Treat Wrap
60 min / 2,000

Indulge in a luxurious white clay body wrap rich in vitamins and antioxidants. This invigorating treatment will leave your skin feeling soft, smooth, and radiant.

Green Tea Wrap
60 min / 2,000

This treatment exfoliates dead skin, eliminates lymphatic waste, and nourishes the skin by stimulating circulation. The benefits of green tea, combined with a light massage, create a deeply relaxing experience while hydrating and revitalizing your body.

After Sun Cooling Wrap
60 min / 2,000

Ideal for sun lovers, this refreshing wrap soothes the skin after sun exposure. Aloe vera gel's cooling properties help combat inflammation and ease discomfort, making it a perfect post-sun treatment.

Thai Treat
90 min / 2,800

Begin with a traditional Thai herbal scrub applied with light massage motions to invigorate the body. Follow this with a white clay body wrap that is rich in vitamins and antioxidants, leaving your skin feeling soft, smooth, and radiant.

Salt Glow
90 min / 2,800

Indulge in this luxurious treatment featuring the royal lotus scent. Your skin is gently exfoliated using royal lotus-scented sea salt blended with aromatic oils, followed by a nourishing royal lotus body wrap. Afterward, your skin will radiate with a natural, healthy glow.

Paradise Sensation
90 min / 2,800

Perfect for soothing sun-kissed skin, this treatment combines fresh grated coconut to calm redness caused by sun exposure with aloe vera gel for its anti-inflammatory properties. Ideal for those who love the sun, this wrap refreshes and restores your skin.

FACIAL TREATMENTS

Elevate your spa experience by indulging in our exquisite facial treatments, featuring products from the renowned **Dermalogica** brand as well as our signature **Thai herbal facial**. Each treatment is designed to rejuvenate, hydrate, and revitalize your skin, ensuring you leave feeling refreshed and radiant.

Dermalogica Facial : Healing Treatment
60 min / 2,800

A soothing remedy for sensitized skin, this treatment calms and replenishes irritated and inflamed complexions by addressing the underlying triggers of redness and discomfort. Experience profound relief and recover your skin's health for long-lasting resilience against flare-ups.

Dermalogica Facial : Refreshing Treatment
60 min / 2,800

Perfect for dehydrated skin, this treatment delivers deep hydration. Each step is designed to attract and bind moisture, leaving your skin supple, hydrated, and protected against moisture loss.

Dermalogica Facial : Anti-Aging Treatment
75 min / 3,500

This powerful treatment targets the visible signs of aging, making it ideal for those with prematurely aging, dry, or sun-damaged skin. Experience nourishment, regeneration, and a revitalizing boost to restore your skin's youthful vitality.

Dermalogica Facial : After-Sun Treatment
45 min / 2,200

Designed to repair and soothe skin damaged by UV exposure, this treatment helps cool sunburn, reduce discomfort, and deeply moisturize your skin, promoting faster recovery from sun-related stress.

Dermalogica Facial : Men's Skin Treatment
60 min / 2,800

Addressing the unique concerns of men's skin, this treatment focuses on recovery from shaving damage while soothing and calming the complexion. Leave with hydrated and strengthened skin that looks and feels revitalized.

Thai Herbal Facial
60 min / 2,000

Immerse yourself in the therapeutic benefits of Thai herbal skincare. This treatment features traditional application techniques, including a refreshing facial massage and herbal compress, leaving your skin purified, nourished, and beautifully toned.

At Otium Spa, our facial treatments are designed to cater to your specific skin needs, providing you with a transformative experience that leaves your skin glowing and rejuvenated. Discover the perfect facial to complete your spa day and indulge in the ultimate self-care ritual.

OTIUM SPA JOURNEY

Experience the ultimate in skin care with our luxurious body treatments, combining Indulge in a day of serenity and self-care at **Otium Spa**, where we offer a selection of carefully curated spa journeys designed to envelop you in total relaxation. Each package is thoughtfully crafted to rejuvenate your body and mind, ensuring a truly transformative experience.

Full of Joy
120 min / 3,500

Experience bliss with this delightful package, featuring a **60-minute Body Scrub** to exfoliate and refresh your skin, followed by a **60-minute Massage** of your choice, tailored to melt away tension and promote relaxation.

Otium Luxury Package
120 min / 3,500

Pamper yourself with this luxurious experience that begins with a **60-minute Relaxing Full Body Massage**, followed by a **60-minute Thai Herbal Facial Treatment**. This package offers the perfect balance of relaxation and rejuvenation, leaving your skin glowing and your spirit uplifted.

Otium Indulgence Package
150 min / 4,500

Elevate your spa experience with this indulgent package, which includes **30 minutes in the Steam Room and Jacuzzi** to prepare your body for ultimate relaxation. Follow this with a **60-minute Deep Renewal Massage**, and finish with a **60-minute Thai Herbal Facial**, designed to purify and nourish your skin.

Journey of Love Package for Couples
225 min / 10,500

Share a romantic escape with our exclusive couple's package. Begin with a **60-minute Coconut Scrub** to leave your skin soft and radiant, followed by **45 minutes in the Thai Herbal Steam Room and Jacuzzi** for a soothing experience. Choose your preferred **60 minute Massage** and finish with a **60-minute Dermalogica Facial**, making it a perfect day for two to connect and rejuvenate together.

At **Otium Spa**, each journey is a sanctuary of relaxation, crafted to elevate your well-being and provide an unforgettable experience. We invite you to return often and explore the serene offerings that await you.

BEAUTY NAILS SERVICE

At **Otium Spa**, we believe that beautifully groomed nails are an essential part of your overall well-being. Our nail services combine meticulous care with luxurious pampering, ensuring your hands and feet receive the attention they deserve.

Grooming Hands
60 min / 1,200

Transform your hands with our grooming service, which includes nail filing, expert cuticle work, nail buffing, gentle hand exfoliation, and a relaxing massage. Experience the ultimate in hand care.

Grooming Feet
60 min / 1,200

Treat your feet to a rejuvenating grooming session featuring nail filing, detailed cuticle work, nail buffing, soothing foot exfoliation, and a revitalizing massage. Perfect for tired feet after a long day.

Luxury Manicure
90 min / 1,800

Indulge in our luxurious manicure that elevates your nail care routine. This service includes nail filing, meticulous cuticle work, a refreshing exfoliation, a hydrating mask, and a soothing massage, finished with a nail buff and polish to perfection

Luxury Pedicure
90 min / 1,800

Pamper your feet with our luxurious pedicure experience. Enjoy nail filing, detailed cuticle work, exfoliation, a nourishing hydrating mask, and a relaxing massage. Conclude your treatment with a nail buff and polish for beautifully refined feet.

Gel Removal
30 min / 800

Effortlessly remove gel polish with our gentle gel removal service, which includes soaking, nail buffing, and filing, leaving your nails in pristine condition.

Our Beauty Nails Service at **Otium Spa** is designed to provide not just beauty, but also relaxation and rejuvenation. Treat yourself to an exquisite nail care experience today!